

Margot's Place

January 2025

Monday	Tuesday	Wednesday	Thursday	Friday
6 Parachute Program 1:00 pm – 2:30 pm	7 Mom2Mom Group 1:00-2:30 pm	8 EarlyON: Boys & Girls Club Gym Time 9:30 am Prenatal / Postnatal Postnatal – 3:45 pm Prenatal – 4:45 pm	9 Homeroom 1:00-3:00 pm Back to Basics 5:00-7:00 pm	10
13 EarlyON: Madonna Della Libera 9:00 am Parachute Program 1:00 pm – 2:30 pm	14 Mom2Mom Group 1:00-2:30 pm	15 Moms Market By Appointment Prenatal / Postnatal Postnatal – 3:45 pm Prenatal – 4:45 pm	16 Homeroom *Teacher available* 1:00-3:00 pm	17
20 Parachute Program 1:00 pm – 2:30 pm	21 Mom2Mom Group 1:00-2:30 pm	22 EarlyON: Family Resource Centre 9:00 am Prenatal / Postnatal Postnatal – 3:45 pm Prenatal – 4:45 pm	23 Homeroom 1:00-3:00 pm Back to Basics 5:00-7:00 pm	24
27 Parachute Program 1:00 pm – 2:30 pm	28 Mom2Mom Group 1:00-2:30 pm	29 Moms Market By Appointment Prenatal / Postnatal Postnatal – 3:45 pm Prenatal – 4:45 pm	30 EarlyON: St. Gabriel School 9:00 am Homeroom 1:00-3:00 pm	31

Follow us on Facebook @MargotsPlace for up to date information!

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Margot's Place PROGRAM GUIDE

PROGRAM	DESCRIPTION	DETAILS
<p>Mom 2 Mom Group</p>	<p>Join other moms and moms-to-be for weekly guest speakers, DIYs, crafts, and community outings! This is an inclusive, judgement-free group. Childminding available. Bus passes provided on an as-needed basis. Moms 29 & under are eligible.</p>	<p>Every Tuesday September-June: 1-2:30pm July-August: 10-11:30am Registration required.</p>
<p>Back to Basics A collaborative program with Soup for the Soul</p>	<p>Learn cooking techniques and approachable recipes! Sessions will focus on items often accessible through food banks and food pantries. Lower your grocery budget and avoid food waste, by learning how to use these staple pantry items! Spaces reserved for Margot's Place moms and their partners. Childminding available.</p>	<p>Bi-weekly on Thursdays 5:00-7:00pm Registration required.</p>
<p>Moms Market</p>	<p>Moms who regularly attend Margot's Place programs are eligible for our free Moms Market. Donated women's and children's clothing, diapers, wipes, and non-perishable food items are available during 15 minute "shopping" appointments. Moms 29 & under are eligible.</p>	<p>Bi-weekly on Wednesday mornings Appointment required.</p>
<p>Parachute Program Kids Can Fly</p>	<p>Moms of all ages with infants (0-12 months), are invited to join us for music, parenting support, and connection with other moms. Older siblings are welcome to join. Facilitated by Jane Flinders, an ECE with 30+ years of experience working with moms and babies. Brant Taxi available.</p>	<p>Every Monday 1-2:30pm Drop-in.</p>
<p>Prenatal & Postnatal Canada Prenatal Nutrition Program Growing Healthy Together Grand Erie Health Unit</p>	<p>A safe and comfortable environment for individuals <u>age 25 or younger</u>, who are pregnant or parenting an infant (<u>0-6 months</u>). Learn about pregnancy, labour and delivery, breastfeeding, and caring for your baby from Nurses, Dieticians, and Early Childhood Educators. Participants can receive bus passes, grocery gift cards, and fresh food items.</p>	<p>Every Wednesday Prenatal: 3:45 - 4:30pm Postnatal: 4:45 - 5:30 pm Drop-in for those <u>age 25 & under.</u></p>
<p>EarlyON Pop-Ups Child and Family Services Grand Erie Community Living Brant Family Gatherings</p>	<p>Join the Margot's Place team as we "pop-up" at different EarlyON centres throughout the city! A great opportunity to visit new-to-you locations, knowing that a familiar face will be there. All caregivers with children age 0-6 are welcome at EarlyON centres.</p>	<p>Rotating locations & times. Drop-in.</p>
<p>Homeroom With support from Grand Erie Learning Alternatives.</p>	<p>Young moms who are enrolled in school or are actively seeking employment are welcome at this weekly program. A quiet study environment and childminding is available, so that moms can focus on their school work, resume, or job applications. Teacher available at some sessions to support students working toward completing high school.</p>	<p>Every Thursday 1-3:00pm Drop-in.</p>