

Margot's Place

February 2025

Monday	Tuesday	Wednesday	Thursday	Friday
3 EarlyON: TB Costain 9:00 am Parachute Program 1:00 pm – 2:30 pm	4 Mom2Mom Group 1:00-2:30 pm	5 Prenatal / Postnatal Postnatal – 3:45 pm Prenatal – 4:45 pm	6 Homeroom 1:00-3:00 pm Back to Basics 5:00-7:00 pm	7
10 EarlyON: Madonna Della Libera 9:00 am Parachute Program 1:00 pm – 2:30 pm	11 Mom2Mom Group 1:00-2:30 pm	12 Moms Market By Appointment Prenatal / Postnatal Postnatal – 3:45 pm Prenatal – 4:45 pm	13 Homeroom *Teacher available* 1:00-3:00 pm	14
17 CLOSED Family Day	18 Mom2Mom Group 1:00-2:30 pm	19 EarlyON: Wayne Gretzky Sports Centre 9:00 am Prenatal / Postnatal Postnatal – 3:45 pm Prenatal – 4:45 pm	20 Homeroom 1:00-3:00 pm Back to Basics 5:00-7:00 pm	21
24 EarlyON: Bell Lane Baby & Me 9:00 am Parachute Program 1:00 pm – 2:30 pm	25 Mom2Mom Group 1:00-2:30 pm Prenatal Program (PPD) 5:30-7:30 pm	26 Moms Market By Appointment Prenatal / Postnatal Postnatal – 3:45 pm Prenatal – 4:45 pm	27 Homeroom 1:00-3:00 pm	28 Brantford Public Library presents: Baby & Me Storytime @ Margot's Place 10:30 am

Follow us on Facebook @MargotsPlace or up to date information!

Email: elise@standrewsbrantford.com Phone: (226)-208-7401 Located in St. Andrew's United Community Centre - 95 Darling Street, Brantford

Margot's Place PROGRAM GUIDE

PROGRAM	DESCRIPTION	DETAILS
<p>Mom 2 Mom Group</p>	<p>Join other moms and moms-to-be for weekly guest speakers, DIYs, crafts, and community outings! This is an inclusive, judgement-free group. Childminding available. Bus passes provided on an as-needed basis. Moms 29 & under are eligible.</p>	<p>Every Tuesday September-June: 1-2:30pm July-August: 10-11:30am Registration required.</p>
<p>Back to Basics Offered in collaboration with Soup for the Soul</p>	<p>Learn cooking techniques and approachable recipes! Sessions will focus on items often accessible through food banks and food pantries. Lower your grocery budget and avoid food waste, by learning how to use these staple pantry items! Spaces reserved for Margot's Place moms and their partners. Childminding available.</p>	<p>Bi-weekly on Thursdays 5:00-7:00pm Registration required.</p>
<p>Moms Market</p>	<p>Moms who regularly attend Margot's Place programs are eligible for our free Moms Market. Donated women's and children's clothing, diapers, wipes, and non-perishable food items are available during 15 minute "shopping" appointments. Moms 29 & under are eligible.</p>	<p>Bi-weekly on Wednesday mornings Appointment required.</p>
<p>Parachute Program Kids Can Fly</p>	<p>Moms of all ages with infants (0-12 months), are invited to join us for music, parenting support, and connection with other moms. Older siblings are welcome to join. Facilitated by Jane Flinders, an ECE with 30+ years of experience working with moms and babies. Brant Taxi available.</p>	<p>Every Monday 1-2:30pm Drop-in.</p>
<p>Prenatal & Postnatal Canada Prenatal Nutrition Program Growing Healthy Together Grand Erie Public Health</p>	<p>A safe and comfortable environment for individuals <u>age 25 or younger</u>, who are pregnant or parenting an infant (<u>0-6 months</u>). Learn about pregnancy, labour and delivery, breastfeeding, and caring for your baby from Nurses, Dieticians, and Early Childhood Educators. Participants can receive bus passes, grocery gift cards, and fresh food items.</p>	<p>Every Wednesday Prenatal: 3:45 - 4:30pm Postnatal: 4:45 - 5:30 pm Drop-in for those <u>age 25 & under</u>.</p>
<p>Prenatal Program (PPD) Offered in collaboration with Kids Can Fly</p>	<p>A prenatal wellness class for pregnant individuals at higher-than-usual risk of PPD. This program will help you understand postpartum depression, reduce stress, and create an action plan for your mental well-being. Ideal candidates are at least 20 weeks pregnant, in their 1st or 2nd pregnancy, and have risk factors for postpartum depression. Participants are encouraged to bring a support person. Light dinner provided.</p>	<p>Every Tuesday evening for 6 weeks 5:30-7:30pm Registration required.</p>
<p>EarlyON Pop-Ups Child and Family Services Grand Erie Community Living Brant Family Gatherings</p>	<p>Join the Margot's Place team as we "pop-up" at different EarlyON centres throughout the city! A great opportunity to visit new-to-you locations, knowing that a familiar face will be there. All caregivers with children age 0-6 are welcome at EarlyON centres.</p>	<p>Rotating locations & times. Drop-in.</p>
<p>Homeroom With support from Grand Erie Learning Alternatives</p>	<p>Young moms who are enrolled in school or are actively seeking employment are welcome at this weekly program. A quiet study environment and childminding is available, so that moms can focus on their school work, resume, or job applications. Teacher available at some sessions to support students working toward completing high school.</p>	<p>Every Thursday 1-3:00pm Drop-in.</p>