Margot's Place

April 2025

Monday	Tuesday	Wednesday	Thursday	Friday
March 31 Parachute Program 1:00 pm – 2:30 pm	1 Mom2Mom Group 1:00-2:30 pm	2 EarlyON: Family Resource Centre 9:00 am Prenatal / Postnatal Postnatal – 3:45 pm Prenatal – 4:45 pm	Homeroom 1:00-3:00 pm Back to Basics 5:00-7:00 pm	4
7 Parachute Program 1:00 pm – 2:30 pm	8 Mom2Mom Group 1:30-2:30 pm	9 Moms Market By Appointment Prenatal / Postnatal Postnatal – 3:45 pm Prenatal – 4:45 pm	10 EarlyON: Bell Lane 9:00 am Homeroom *Teacher available* 1:00-3:00 pm	11
14 EarlyON: Madonna Della Libera 9:00 am Parachute Program 1:00 pm – 2:30 pm	Mom2Mom Group 1:00-2:30 pm	Prenatal / Postnatal Postnatal – 3:45 pm Prenatal – 4:45 pm	Homeroom 1:00-3:00 pm Back to Basics 5:00-7:00 pm	18 CLOSED Good Friday
21 ————————————————————————————————————	25 Mom2Mom Group 1:00-2:30 pm	23 Moms Market By Appointment Prenatal / Postnatal Postnatal – 3:45 pm Prenatal – 4:45 pm	24 EarlyON: Wayne Gretzky Sports Centre 9:00 am Homeroom *Teacher available* 1:00-3:00 pm	25 Circle of Security Parenting 10:00-11:30 am
28 Parachute Program 1:00 pm – 2:30 pm	29 Mom2Mom Group 1:00-2:30 pm	30 EarlyON: Tollgate 9:00 am Prenatal / Postnatal Postnatal – 3:45 pm Prenatal – 4:45 pm	Мау	

Follow us on Facebook @MargotsPlace or up to date information!

Email: elise@standrewsbrantford.com Phone: (226)-208-7401 Located in St. Andrew's United Community Centre - 95 Darling Street, Brantford

Margot's Place PROGRAM GUIDE

PROGRAM	DESCRIPTION	DETAILS
Mom 2 Mom Group	Join other moms and moms-to-be for weekly guest speakers, DIYs, crafts, and community outings! This is an inclusive, judgement-free group. Childminding available. Bus passes provided on an as- needed basis. Moms 29 & under are eligible.	Every Tuesday September-June: 1-2:30pm July-August: 10-11:30am Registration required.
Back to Basics Offered in collaboration with Soup for the Soul	Learn cooking techniques and approachable recipes! Sessions will focus on items often accessible through food banks and food pantries. Lower your grocery budget and avoid food waste, by learning how to use these staple pantry items! Spaces reserved for Margot's Place moms and their partners. Childminding available.	Bi-weekly on Thursdays 5:00-7:00pm Registration required.
Moms Market	Moms who regularly attend Margot's Place programs are eligible for our free Moms Market. Donated women's and children's clothing, diapers, wipes, and non-perishable food items are available during 15 minute "shopping" appointments. Moms 29 & under are eligible.	Bi-weekly on Wednesday mornings Appointment required.
Parachute Program Kids Can Fly	Moms of all ages with infants (0-12 months), are invited to join us for music, parenting support, and connection with other moms. Older siblings are welcome to join. Facilitated by Jane Flinders, an ECE with 30+ years of experience working with moms and babies. Brant Taxi available.	Every Monday 1-2:30pm Drop-in.
Prenatal & Postnatal Canada Prenatal Nutrition Program Growing Healthy Together Grand Erie Public Health	A safe and comfortable environment for individuals <u>age 29 or younger</u> , who are pregnant or parenting an infant <u>(0-6 months)</u> . Learn about pregnancy, labour and delivery, breastfeeding, and caring for your baby from Nurses, Dieticians, and Early Childhood Educators. Participants can receive bus passes, grocery gift cards, and fresh food items.	Every Wednesday Prenatal: 3:45 - 4:30pm Postnatal: 4:45 - 5:30 pm Drop-in for those <u>age 29 & under</u>.
Circle of Security Parenting Offered in collaboration with Lansdowne Children's Centre	The Circle of Security Parenting program is based on decades of research about how secure parent- child relationships can be supported and strengthened. Sessions aim to help parents understand their child's emotional needs, manage emotions, and build self esteem. Childminding and bus passes are available.	Every Friday morning for 8 weeks 10-11:30 am Registration required.
EarlyON Pop-Ups Child and Family Services Grand Erie Community Living Brant Family Gatherings	Join the Margot's Place team as we "pop-up" at different EarlyON centres throughout the city! A great opportunity to visit new-to-you locations, knowing that a familiar face will be there. All caregivers with children age 0-6 are welcome at EarlyON centres.	Rotating locations & times. Drop-in.
Homeroom With support from Grand Erie Learning Alternatives	Young moms who are enrolled in school or are actively seeking employment are welcome at this weekly program. A quiet study environment and childminding is available, so that moms can focus on their school work, resume, or job applications. Teacher available at some sessions to support students working toward completing high school.	Every Thursday 1-3:00pm Drop-in.